



**Sterling Youth Association  
JETS Basketball**



**10,000 SHOT-CLUB SUMMER CHALLENGE!**

Challenge open to ALL AGE GROUPS!

Use this sheet to calculate your total number of shots

Date	# of shots	Date	# of shots	Date	# of shots	Date	# of shots	Date	# of shots
5/18		6/7		6/27		7/17		8/6	
5/19		6/8		6/28		7/18		8/7	
5/20		6/9		6/29		7/19		8/8	
5/21		6/10		6/30		7/20		8/9	
5/22		6/11		7/1		7/21		8/10	
5/23		6/12		7/2		7/22		8/11	
5/24		6/13		7/3		7/23		8/12	
5/25		6/14		7/4		7/24		8/13	
5/26		6/15		7/5		7/25		8/14	
5/27		6/16		7/6		7/26		8/15	
5/28		6/17		7/7		7/27		8/16	
5/29		6/18		7/8		7/28		8/17	
5/30		6/19		7/9		7/29		8/18	
5/31		6/20		7/10		7/30		8/19	
6/1		6/21		7/11		7/31		8/20	
6/2		6/22		7/12		8/1		8/21	
6/3		6/23		7/13		8/2		8/22	
6/4		6/24		7/14		8/3		8/23	
6/5		6/25		7/15		8/4		8/24	
6/6		6/26		7/16		8/5		8/25	
TOTAL =		TOTAL =		TOTAL =		TOTAL =		TOTAL =	

\* Goal 2000 \*

\* Goal 2000 \*

\* Goal 2000 \*

**Grand Total**

Total Number of Shots Taken

**Good Luck and Get Shooting!**

**Pro Tips >>>>**

**\*\* There are 100 total days between May 18th and August 25th, so your goal would be to average 100 shots per day \*\***

**\*\* Stay on Track to meet your Goal by Averaging 2000 total shots per column!**

**\*\* Make it easy to get to 100/day by picking 10 spots on the court and shoot 10 shots at each position**

**Work on your Free Throws by having the the Free Throw Line be one of those positions!**

**\*\* If you miss a day, you may have to shoot extra the next day to make them up and stay on track.**

**Player's Name:** \_\_\_\_\_

**Parent/Guardian Signature:** \_\_\_\_\_

*for certification of completed shots. PLEASE BE HONEST WHEN COMPLETING THE FORM.*

**Upon completion of the challenge please turn in the worksheet into the School Office prior to Labor Day Break.**

**Players who complete the challenge will be recognized for their achievements!!  
Best of luck to all of you!**

**We can't wait to see all of the improved shots next season on the court!**